# Summer Aquatics: July 3<sup>rd</sup> & 4<sup>th</sup>

### Wednesday, July 3rd

Pool OPEN: 5:30am - 8pm

Masters Swimming, 6am - 7am

Arthritis Plus, 8am - 9am

Deep H<sub>2</sub>O, 9am - 10am

Fox Swimming, 10:30-2:30pm

### Lap Swimming:

7am - 10:15am → 3 Lap lanes available 10:15am - 2:30pm → 2 Lap lanes available 2:30pm - 8pm → 4 Lap lanes available

Open Swim is in small pool: 11:15am – 12:30pm & 1:15pm – 8pm

## Thursday, July 4th

Pool OPEN: 7am - 3:30pm Arthritis Plus, 8am - 9am Aqua Zumba, 9am - 9:45am Fox Swimming, 10am - 11:30am

#### Lap Swimming

7am - 8:15am  $\rightarrow$  3 Lap lanes available 8:15am - 11:30am  $\rightarrow$  2 Lap lane available 11:30am - 3:30pm  $\rightarrow$  3 Lap lanes available

### **Open Swim**

In small pool: 10am - 3pm